



TERM 4, 2023

Ghetto Movement
38 Princes Highway, Fairy Meadow

MONDAY CLASS

Beginners Aerials: Mixed Apparatus

Mondays 9 October – 11 December inclusive (10 weeks)

6:30pm - 8:30pm

Trainers: Ali Kimbrough & Sarah Stevenson

\$280 Full / \$260 Concession

For beginners and those who are interested in revisiting the fundamentals. This 10-week block will cover basic skills for aerial silks, lyra and trapeze, including beginner tricks, climbing, inversions, correct technique and building strength and flexibility. Check pre-requisites on ticketing site.

TUESDAY CLASS

Intermediate Aerials: Mixed Apparatus

Tuesdays 10 October – 12 December inclusive (10 weeks)

6:45pm - 8:45pm

Trainer: Sarah Fitzgerald

\$280 Full / \$260 Concession

Focus on pre-performance conditioning and aerial skills. Intermediate: for those who have mastered the skills in the beginners class and are ready for more!!! We will be working on sequences and participants can choose the apparatus(es) they wish to work with. Check pre-requisites on ticketing site.

WEDNESDAY CLASS

Adagio: Learn how to build a roving character performance!

Wednesdays 11 October – 13 December inclusive (10 weeks)

6:30pm - 8:30pm

Trainer: Chantel, Aeron and special guest Neisha

\$260 Full / \$230 Concession

Otherwise known as the fine art of standing on your friend. Acrobalance is the circus art of creating partner balances and acrobatic skills with two or more people. This term we will be building a sequence of tricks that can be used as a roving performance. At the end of term special guest trainer Neisha will come and help the class develop the sequence into a roving character.

BOOK ONLINE

www.circuswow.org.au/training/timetable/

\$20 Annual WOW 2023 Membership
for ALL PARTICIPANTS

NEED A PAYMENT PLAN? Select ZIPPAY or AFTERPAY at checkout!
Concession details on Humanitix

THURSDAY CLASSES

Advanced Aerials: Silks

Thursdays 12 October – 14 December inclusive (10 weeks)

6:30pm - 8:30pm

Trainer: Ali Kimbrough

\$280 Full / \$260 Concession

In this class, we'll learn new skills and transitions, construct sequences and routines. This class is for experienced aerialists who want to expand their skill set while building strength and endurance. Check pre-requisites on ticketing site.

Acquired Taste Choir

2nd & 4th Thursdays of the Month | Dates: 12 October, 26 October, 9th November, 23rd November & 14 December

7:00pm - 8:30pm

Trainer: Tia Wilson

\$65 Full / \$55 Concession

Join us in vocal experimentation, percussive exploration, and the joy of connection, as we create our own renditions of our favourite songs. No audition is required.

**Location: Coniston Community Centre,
24 Bridge Street Coniston**

FRIDAY CLASS

Int/Adv Aerials: Trapeze and Lyra

Fridays: 13th October, 27th October, 10th November, 24th November, 8th December (5 weeks – every 2nd Friday)

6:30pm - 8:30pm

Trainers: Louise Clark, Sarah Stevenson & Jane

\$140 Full / \$130 Concession

In this class, we will develop our bar skills on the trapeze and lyra, working on transitions and building sequences, in addition to learning new and advanced skills. Check pre-requisites on ticketing site.

SUNDAY AFTERNOONS

Open Training and/or Create an Act

Sundays 15th October – 17 December | 2:30pm - 4:30pm
\$10 per training session - Prepay online as we don't take cash

Funding received from The Culture Bank enabled Circus WOW to purchase safe and reliable crash mats! As part of this grant, we agreed to put on an end of year show. If you would like to create a piece to perform at the end of year show, this is the time and space to do that! The tentative show date is: December 17th 3pm - 5pm

