



TERM 1, 2021 TIMETABLE

Switchfit Gym 4/73 Montague St, Fairy Meadow



AERIAL CLASSES



BEGINNER AERIALS

Mondays 1st February - 29th March (inclusive)
6:00pm - 7:30pm
\$180 Full Term / \$155 Concession

For complete newbies and those edging towards intermediate level, or those who want to build strength and review fundamental skills before moving on to more advanced classes. This class will include focus on trapeze and silks, and introduce some skills on aerial hoop.

INTERMEDIATE AERIALS

Mondays 1st February - 29th March (inclusive)
7:00pm - 9:00pm
\$235 Full Term / \$205 Concession

Unsure if you're a beginner, intermediate or advanced? The typical intermediate student can:

- Consistently straddle over from a climb on silks ('cheating' by toeing the silks is ok)
- Can climb to the top of the silks confidently
- Has been coming to aerials for at least a year, and has a wide repertoire of skills on trapeze,
- Is confident standing on the trapeze and ready to learn more skills on the ropes.

Still not sure? Or can you do most but not all of the above? Check with Jane before you enrol.

ADVANCED AERIALS

Wednesdays 3rd February - 31st March (inclusive)
6:00pm - 8:00pm
\$235 Full Term / \$205 Concession

The amazing Louise Clark will teach this class in trapeze, silks and Lyra.

ADV. AERIALS + ACROBALANCE CLASS PACKAGE

Wednesdays 3rd February - 31st March (inclusive)
6:00pm - 9:00pm
\$350 Full Term / \$300 Concession

This packaged ticket combines Advanced Aerials and Acrobalance offering a great discount!

Circus WOW is a membership based community group. Membership is required for ongoing classes and performance. Being a member means that you support Circus WOW and its objectives. You will become part of this great inclusive community group. Have your say, volunteer and continue to let WOW grow.

CIRCUS SKILLS

ACROBALANCE

Wednesday 3rd February - 31st March (inc.)
7:00pm - 9:00pm
\$210 Full Term / \$185 Concession

Otherwise known as the fine art of standing on your friend... Acrobalance is the circus art of creating partner balances and acrobatic skills with two or more people. Due to Covid-19 restrictions, we ask that people enrol in the classes with a friend who they would like to work with. Please contact us if you are interested in participating but aren't sure who to work with and we'll see if we can help you connect with someone.



CIRCUS 101!

Thursdays 4th February - 1st April (inclusive)
11:30am - 1:00pm
\$160 Full Term / \$145 Concession

A range of circus skills, including juggling, acrobalance, hoops, stilt walking, trapeze, aerial silks, handstands and fire twirling (weather and fire bans permitting).

HOOPS

Saturdays 6th February - 27th March (inc.)
11:00am - 12:30pm
\$145 Full Term / \$130 Concession

Get your hoop on with Sarah each Saturday! We explore the technical, creative and dance elements of hooping in a fun and supportive environment. New tricks are learnt whilst finding your individual style. This class is open to everyone, including beginners.



OPEN TRAINING

Saturdays 6th February - 1st April (inclusive)
1pm - 2:15pm
Drop-in/Casual - \$5 cash per session (pay on the day)

Work independently or on small group skills with other WOW women. Start your Saturday with Hoops for a circus-filled afternoon.

BOOK ONLINE

events.humanitix.com/circus-wow-2021-term-1-classes

\$10.50 annual WOW 2020 membership for all participants

PAYMENT PLAN REQUIRED? Select ZIP PAY at checkout
Concession details available through Humanitix