



TERM 3, 2020 TIMETABLE

Switchfit Gym
4/73 Montague St, Fairy Meadow

AERIAL CLASSES

INTERMEDIATE AERIALS

Mondays 20th July - 21st September
6:15pm - 8:15pm
\$260 Full Term / \$230 Concession

For those who have already had some experience of aerials and moved beyond Beginner level tricks. Please make contact with our trainer, Jane, if you have any questions.

INTERMEDIATE/ADVANCED AERIALS

Wednesdays 22nd July - 23rd September
6:15pm - 8:15pm
\$260 Full Term / \$230 Concession

For more experienced aerialists. If you have any questions about your suitability for this class, our trainer, Jane, will be happy to have a chat.

BEGINNER/INTERMEDIATE AERIALS

Thursdays 23rd July - 24th September
11:30am - 1pm
\$200 Full Term / \$170 Concession

Aerials for Beginners through to Intermediate with an eclectic mix of other circus skills and strength work thrown in.

ONLINE CLASSES

VOICE AND STORYTELLING ONLINE (via Zoom)

Wednesdays 22nd July - 23rd September
7pm - 8pm
\$110 Full Term / \$90 Concession for 10 week term
OR take a 5 week block (either Voice or Storytelling)
\$65 Half Term / \$55 Concession

Circus WOW's first ONLINE-ONLY class is an Introductory Voice and Storytelling workshop. No previous experience is necessary; just a sense of play and adventure and an internet connection capable of Zoom-ing! In the Voice Series we'll talk about using your body to get the most out of your voice and the role of audience, exploring these through choosing a short speech or monologue. Then, in the Storytelling Series, first, some basic storytelling concepts, then time to develop and rehearse your own pieces (individually or in groups) to share. If you have questions about this class, our trainer, Korinne will be happy to chat.

Circus WOW is a membership based community group. Membership is required for ongoing classes and performance. Being a member means that you support Circus WOW and its objectives. You will become part of this great inclusive community group. Have your say, volunteer and continue to let WOW grow.

WEEKEND CLASSES

HOOPS

Saturdays 25th July - 26th September
2:30pm - 4:00pm
\$200 Full Term / \$170 Concession

Get your hoop on with Sarah each Saturday! We explore the technical, creative and dance elements of hooping in a fun and supportive environment. New tricks are learnt whilst finding your individual style. This class is open to everyone, including beginners. Casual drop ins are also welcome.

OPEN TRAINING

Saturdays 25th July - 26th September
1pm - 2:15pm
Drop-in/Casual - \$5 cash per session (pay on the day)

Work independently or on small group skills from class with other WOW women. Sarah, our Coordinator, teaches an awesome Pilates class for Switchfit Gym from 12pm-1pm. Join in for a great warm up for Open Training (pay direct to Switchfit for Pilates). And/or stay on for Hoops for a circus-filled afternoon.

STILT WALKING

Sundays 2nd August & 9th August
3pm - 4.30pm
\$55 Two Sessions / \$40 Concession

Master the fantastic art of Stilt Walking with Kobie! The class is aimed at beginners, but more experienced stilt walkers are welcome to join in too.

MAKE AN ACT! Performance with Style

Sunday 6th September
9.30am - 12.30pm
\$55 / \$40 Concession

Have an idea of an act but don't know where to start? Have the character concept but haven't time to develop it further? Well look no further! This three hour intensive workshop with Neisha will focus on assisting you bring your ideas into life and onto the stage. Combining improvisation, devising and performance craft it will give you the tools you need to create an act from start to finish. Please bring a notepad and pen, your ideas and any costumes or props you would like to work with.

BOOK ONLINE

events.humanitix.com/circus-wow-2020-term-3-classes

\$10.50 annual WOW 2020 membership for all participants
PAYMENT PLAN REQUIRED? Select ZIP PAY at checkout
Concession details available through Humanitix